

## Johari Window for Deepening Community Discovery & Understanding

The Johari Window was originally designed for selfdiscovery by two UCLA psychologists. It is a framework which can be useful when engaging communities to deepen your and their understanding and discover their potential for change.

It recognizes that the "personality" of a community, like an individual, can be "open." It can also be "blind" to some of its realities and others it may choose to keep "hidden." There is that knowledge of community self that is "unknown," where both difficult challenges and soaring possibilities exist.

The two most important strategies for community discovery are "asking" for more information and "sharing" observations. In this way, the community engages in a "shared discovery" of unknowns.

Adapted from: Luft, J. & Ingham, H. (1955). "The Johari window, a graphic model of interpersonal awareness". Proceedings of the Western Training Laboratory in Group Development. Los Angeles: University of California, Los Angeles.

