### PATH TO CHANGE What data will tell you this building block **BUILDING BLOCK** is progressing? What are the things that need to be true to get there? What data will tell you progress is being made on this goal? HOW WILL YOU MAKE THIS TRUE? What data will What data will tell you if your tell you if your action(s) have action(s) have been successful? been successful? **ACTION ACTION**

What data will

tell you if you

have what's

needed to start

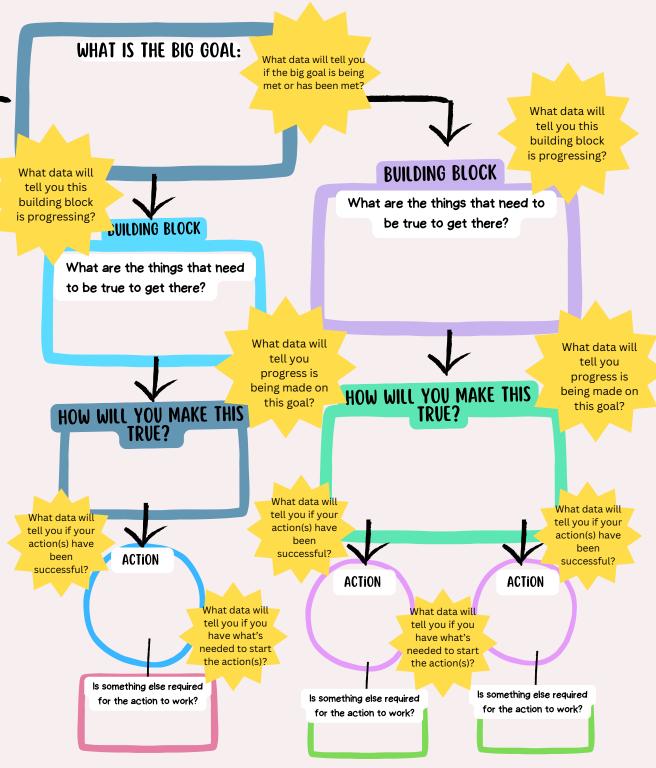
the action(s)?

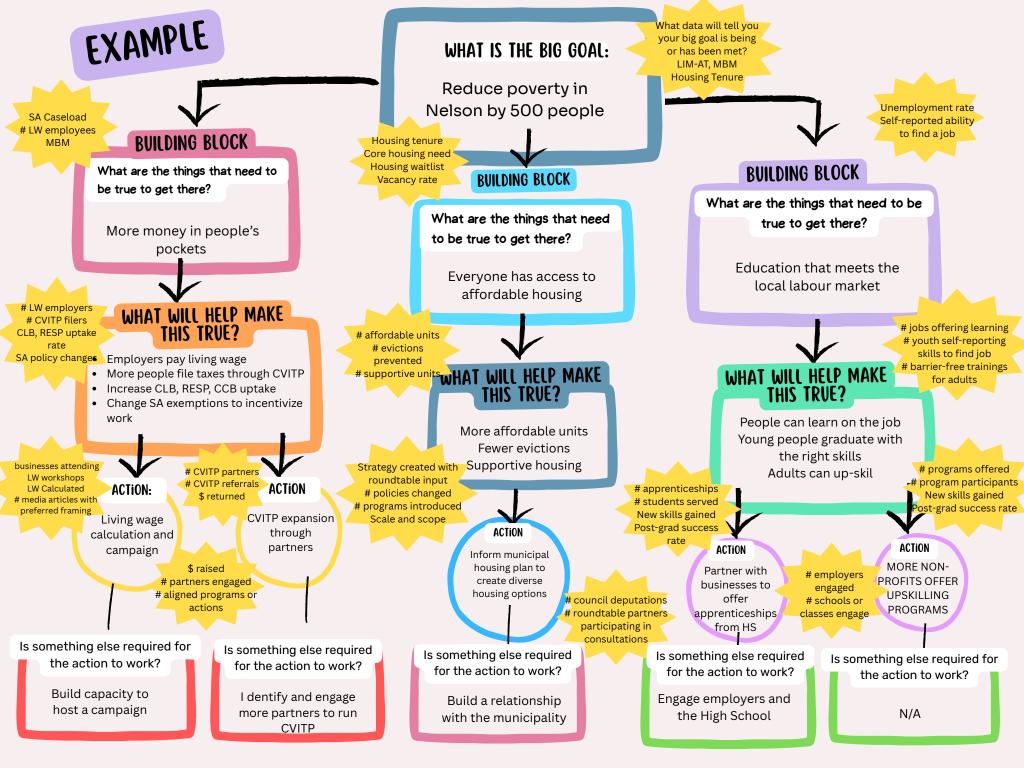
Is something else required

for the action to work?

Is something else required

for the action to work?





## How To Use This Tool

- 1. Start with the **big goal** at the top. Then, work your way down by filling in the boxes what needs to happen to reach that goal? Add as many branches as you need to map out the steps.
- 2. Add indicators for each box. Think: what specific data points could we collect to see progress? (Not broad outcomes, as those should already be in the boxes.)
- 3. Step back and review the full plan. Can your community realistically do all this?
  - o If not, who else do you need?
  - What would make it more doable?
  - Should you focus on a smaller goal or just a few key actions and sub-goals for now?

### Reflect on:

- Where there's most energy or momentum in the community
- What resources (skills, knowledge, money, etc.) you have or could get
- What fits best with current or emerging leadership in your community

# Need help choosing indicators?

Here are some well-known frameworks that list trusted, population-level indicators. You can look through them for ideas that match your big goal and building blocks:

- Quality of Life Framework tracks what makes life better in communities
- Canadian Index of Wellbeing covers a broad range of areas like education, environment, and community belonging
- Sustainable Development Goals (SDGs) global goals like ending poverty, improving health, and protecting the environment
- Canadian Poverty Dashboard lists key measures for tracking poverty across
  Canada
- Social Determinants of Health (SDOH) shows how things like housing, income, and education affect health
- Sustainable Livelihoods Framework helps map the resources people rely on to get by

Community Journey Map - tracks how your community is building the foundations (like trust, leadership, and partnerships) needed to reach bigger, population-level outcomes

# Other Tips

### How long will it take?

Plan for 1-2 full days if you want to dig deep and build a solid plan together. OR half a day if your plan is done and you're collaboratively creating indicators. OR 1-2 hours if you're plan is done and you're mapping indicators independently.

### What materials do I need?

Use flipchart paper or something with lots of room, especially if you're mapping a full community-wide plan. You'll want lots of space to add boxes, branches, and show how things connect.

### Who should be in the room?

This works best as a collaborative session with your leadership group or core team. Aim for a group that's small enough for real discussion, but diverse enough to bring different perspectives.

### How do we share the map?

It's meant as an internal planning tool, not for public sharing. Use it to guide priorities, test feasibility, pick indicators, and build your story; but don't worry about making it look polished for outside audiences.