GUIDE ON A PAGE DIGBY

SERVICE NAVIGATION

Cost per month of one bedroom living space.

$612.5 City Centre

$600 Outskirts

$77.95 Lowest Cost of High Speed Internet

Annual Cost of Transit Pass

$780 Student

$1080 Regular

Lowering transit entrances? **YES**

Designated seating? **YES**

Bus Service Frequency

120 MINS Peak Hours

120 MINS Non-peak hours

Transit Stoppage Time: Weekend

7:00 PM LOCAL

# of houseless youth **N/A**

Rental Vacancy Rate **N/A**

1 # of food banks

No centre for houseless youth exists, no organization for LGBTQ houseless youth exists

N/A youth using social assistance services

Finanical literacy Support

2 Community Organizations

3 Banks

Transit Service Connections

N/A	N/A	YES	N/A	N/A
Community Centres	Parks	Health Clinics	Recreation	High Schools

IDENTITY & SOCIAL CONNECTION

1 Library open **5** days a week

1 Offering online programming

N/A Languages accessible in biggest library

Printing services, meeting & recording rooms are available at libraries

1 Playground

1 Outdoor Gym

1 Skatepark

1 Dog Park

1 Outdoor Courts/Fields

2 Free sports facilities & fields

2 Community Rec Centres

No opportunities available for youth to learn traditional knowledges (Indigenous values, languages, cultures) & heritage through library programs

Opportunities to learn Indigenous values, languages, cultures, & heritage through:

Community Centre Programs **YES**

Library Programs **YES**

City Run Programs **NO**

Community Nonprofit Programs **N/A**

Does a community centre offer youth discounted/ free pass? **NO**

Are there community centre program subsidies **YES**

Recreation & social programs for youth? **YES**

Are there community centre events & programs catering to wheelchair users or those requiring mobility aid? **YES**

Is it possible for young people to connect with Indigenous elders in the community **YES**

Locally accessible physical safe connections	Locally accessible safe adult connections	Safe adult connections for French speaking Youth	Safe spaces, adult connections for LGBTQ2S+ youth
YES	YES	YES	YES

HOLISTIC HEALTH & WELLBEING

6 Community Health Clinics **0** Mobile Clinics for Harm Reduction **0** Supervised Injection sites

Community clinics offer mental health, emotional, sexual, physical, and social health supports/services.

N/A Mental Health Strategy

N/A Discounted/free Mental Health Counselling

N/A Health clinics' strategy and/or understanding of LGBTQ2S+, BIPOC differences (e.g. traditional medicine), resources, and needs.

Addiction and Substance Abuse Rehab Services **NO**

Is naloxone offered for free at pharmacies **YES**

Is mental health taught in high school curriculum, or service provided during class **YES**

Free Menstrual Products

YES Community Organizations

YES Post Secondary Institutions

YES High Schools

N/A Shelters

Are there community crisis centres not tied to police? **YES**

Are post violence recovery services offered by city? **N/A**

Are there local social justice services? **YES**

Support services to transition from care to independent living? **YES**

Access to free home birth kits? **N/A**

Gynaecologist Wait Time **N/A**

Distance from city centre to safe abortion? **230KM**

Cost of Mifegymiso **FREE**

Menstrual Products Cost

$9.99	Box of 32 tampons
$0.31	Cost of one pad
$11.99	Generic pregnancy Test
$31.99	Menstrual Cup

Suicide Prevention line in largest post secondary **YES**

	High school	Largest Post Secondary
Mental health awareness program	YES	NO
Mental Health Strategy	NO	NO

Discounted/free mental health counselling in largest post secondary **YES**

Largest Post Secondary Sexual Health Scale

Sexual Health Crisis Hotline	YES
Free Condoms	NO
Free Dental Dams	NO
Free Lube	NO
Educational Hotline	N/A
Queer Sexual Health Hub	N/A
Free & Anonymous STI Testing	NO

Is there a crisis or victim services centre for survivors of sexual abuse **YES**

ACCESSIBLE EDUCATION

High School Graduation Rate **N/A**

High School offer dedicated career services **NO**

Average Cost of Post Secondary Tuition (Annual)

$3620 In Province

$3620 Out of Province

$11690 International

$25 Application Fee

High School Food Program

How many students use it **108**

How many times a day can they access it **3**

How many hours is it available **1.33**

Are Indigenous values values, languages, cultures reflected or taught in public schools **YES**

Do post-secondary institutions provide degrees and diplomas in Indigenous languages? **NO**

Are there municipal Indigenous-specific scholarships? **NO**

If there are municipal Indigenous-specific scholarships, what is the total $ amount delivered annually **N/A**

Is there an option to go to a First Nations specific school? **N/A**

Scholarships for Post Secondary Students by Race

	Black	Indigenous	People of Colour
Biggest College	YES	YES	YES
Biggest University	NO	NO	NO

23 Average high school class size

YES Is there hands-on learning in high school

YES Does the high school curriculum include teaching of life skills such as finances, health, cooking relationships etc.

EMPLOYMENT & MENTORSHIP

Youth Employment Centres **1**

Does nearest post secondary institution offer admission to those without a high school diploma? **YES**

High school program to convert extra-curricular into credits **YES**

Career development supports for non high school graduated youth **YES**

3 Alternative Programs for students who did not graduate high school

3 Alternative Programs excluding post secondary

Youth Unemployment Rate (15-24 Years) **N/A**

Internships

Are internships with city paid **N/A**

Are there entry level Internships in city **NO**

Are undergrad post-secondary internships/co-ops paid in 5 faculties **N/A**

Does the provincial/territorial government offer internships for the community **YES**

Do the job placements or internships require a post secondary certification	Do the job placements or internships require a high school diploma	Does the city offer job placements or internships	Does the city offer job skills or training workshops?	Does the city have a long-term official youth employment initiative	If the city offers internships, are they available to high school students?
NO	NO	YES	NO	NO	N/A

CIVIC ENGAGEMENT & LEADERSHIP

Is there a municipal Indigenous youth advisory board **NO**

Is there a city youth advisory board **NO**

0 Municipal Indigenous youth leadership opportunities

Does the municipal website provide information specifically for Indigenous youth? **NO**

Are council meetings open to the public	YES
Does your city allow citizens to give deputations?	YES
Does your city have an accessible ombudsman/public advocate?	YES
What is the minimum age to give a deputation?	N/A

Peer to Peer mentorship to connect youth with professionals

YES	High School
YES	Post Secondary
N/A	Offer by City or organization

Data Collection Date: October 2021

N/A = data not available after youth searched for service for 30 minutes

TAMARACK INSTITUTE 20 years

YOUTHFUL CITIES

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