

# ABCD Masterclass: Learning Conversations

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## Questions to guide the conversation:

1. When you did... (behavior)?
2. Impact of the behavior – what did it do to you, what did it cause for you?
3. Gift conversation
  - a. Result – what will you do differently?
4. What do you care enough about to act upon?

## Rules:

- Don't be helpful – be curious
- Don't follow the impulse to rescue or fix
- Don't give any advice

## Assets:

### External Assets

- Not local, beyond proximity and not within the immediate sphere of influence

### Secondary Assets

- Local but not within the influence of the community

### Primary Assets

- Local and within the influence of a person
- What are the primary assets you can tap into? What resources in your community are available?

Change the question from what's the matter with you? to what's matters to you?

- What is it we can do without any help?
- What is it we can do with some help?
- How do we create a place of power and welcome?

- What have you learned about welcoming the stranger at the edge?

Book – Being Mortal: Medicine and What Matters in the End by Atul Gawande