

Creating Pathways together toward Wholistic Health & Wellness

An INITIATIVE to provide OPPORTUNITY YOUTH (ages 16-21) with the freedom to learn and create their own group driven, individual respecting 1-year initiative in PREPARATION FOR LIFE.

Some youth may prefer an ALTERNATIVE after high school before jumping into the NEXT PHASE OF LIFE and a Wholistic Health & Wellness Initiative could support their interests and learning.

What we heard

Participants voiced the importance of parents and community to be involved in teaching our children about health, wellness and healing.

HOW CAN YOU CONTRIBUTE TO THIS PRIORITY?

In 2016, the high school drop-out rate was 13.9% and there were 226 individuals between the ages of 18 and 24 on social assistance.

Challenges/Needs

- Funding support
- Time commitments
- Developing relevant pathways/ options to wellness
- Finding a resource pool (eg, Natural healers) to assist and implement the initiative
- Demands for this type of initiative may be sporadic over time

Similar Initiative

- Akwesasne Freedom School

Benefits

- Helpful growth and development opportunities
- Opportunities for youth to decide the next step on their journey/life path
- Strengthened community leadership

Potential Funding

- Waseskun Healing Center
- National Indian Brotherhood Trust Fund
- Community Initiatives Fund

WHAT DO I WANT TO KNOW & LEARN?

How can I work towards healthy relationships in my life?

How can I handle my money better?

Which Kanien'kehaka teachings interest me?

Where can I learn about our traditional medicines?

What happens when we discover and develop our gifts together?



Toward Healthy Youth, Healthy Community