Age-friendly Planning and Community Stories

PRESENTED TO TAMARACK NEIGHBOURHOOD
LEARNING COMMUNITY OF PRACTICE

JANUARY 19, 2021

BC Healthy Communities

people · place · potential

Introductions

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BC Healthy Communities

Acknowledgements

BC Healthy Communities' offices are located on the unceded territory of the Lək̓ʷəŋən-speaking people.

We acknowledge this territory as a reminder of the discriminatory, racist and colonial practices which have a lasting legacy and continue to create barriers for Indigenous peoples and communities across the province.

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About BC Healthy Communities

BC Healthy Communities Society is a province-wide not-for-profit that facilitates the ongoing development of healthy, thriving and resilient communities.

We at BC Healthy Communities Society (BCHC) believe that it is possible—and necessary—to create communities where it's easy for citizens to be healthy and well.

We operate at the intersection between planning and public health.

The Healthy Communities Approach is based on 5 foundational building blocks:

1. Asset-based community development

2. Political commitment

3. Multisectoral collaboration

4. Healthy public policy

5. Community engagement

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About Age-friendly Capacity Building

- Supports local government engagement and partnerships across sectors for creating Age-friendly Communities

- Working together with health authorities, the Ministry of Health and UBCM

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What is an Age-friendly Community?

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Age-friendly Communities

- Offer accessible and inclusive physical and social environments for older adults

- Age-friendly Communities benefit everyone in the community

- Achieved through multi-sectoral collaboration and diverse and inclusive engagement

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8 features of Age-friendly Communities:

1. Outdoor spaces and buildings

2. Transportation

3. Housing

4. Social participation

5. Respect and social inclusion

6. Civic participation and employment

7. Communication and information
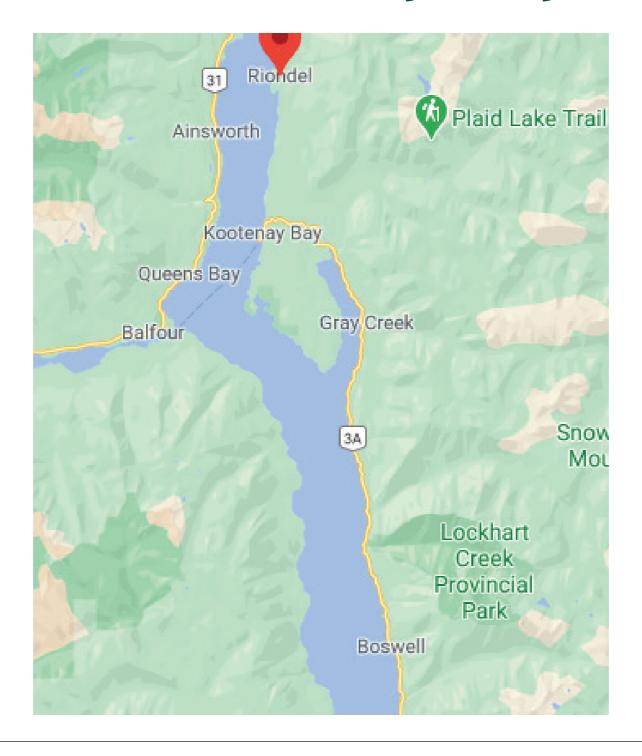
8. Community support and health services

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Granisle

Source: CBC.ca

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Age-friendly innovations and multi-sectoral collaboration in Granisle create a healthier community for all

Community Story Snapshot

CATEGORY **Age-friendly**

INNOVATION **Age-friendly Resolution**

LOCAL GOVERNMENT **Village of Granisle**

PARTNER **Northern Health**

COLLABORATION **Multiple partners on Age-friendly Committee**

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East Shore, Kootenay Bay

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Proactive approaches to aging on the East Shore

East Shore of Kootenay Lake came together with neighbouring communities: Riondel, Crawford Bay, Boswell and Grey Creek. All have experienced population shifts of increased median age.

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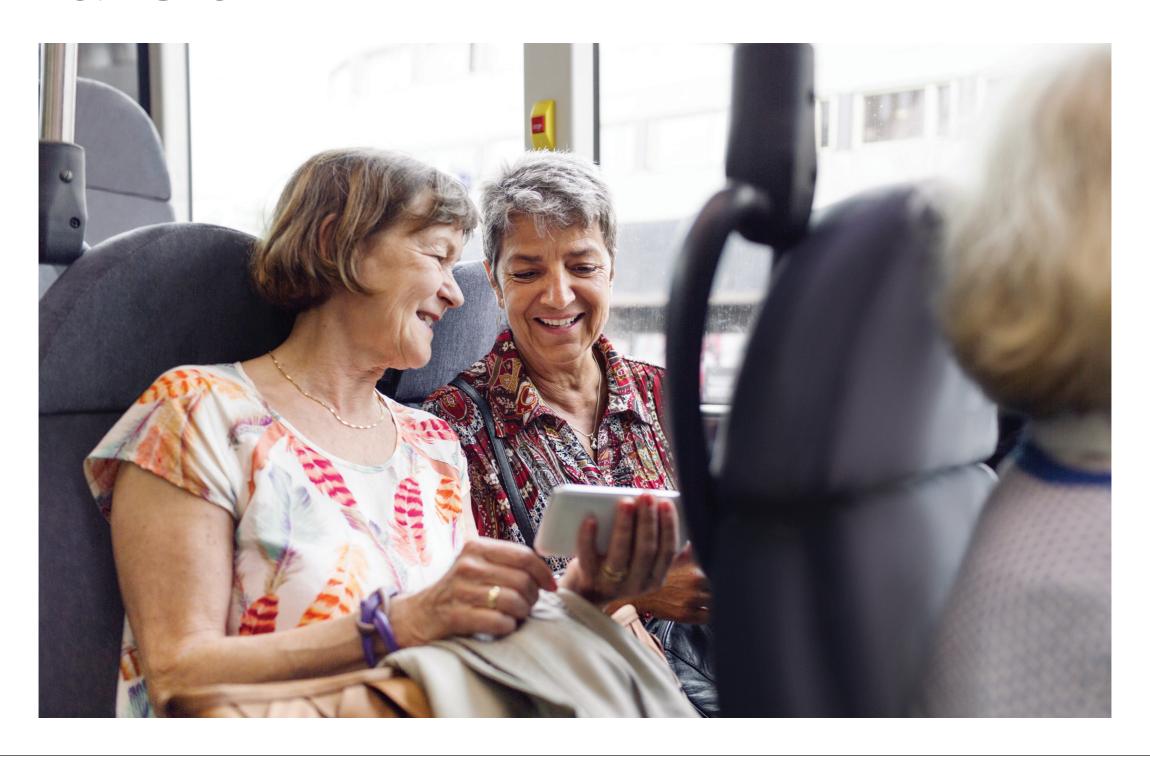# Social spaces and walkability

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Respect and inclusion

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Transit

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Snow clearing

Volunteer Terrace

Snow Angels for Terrace Seniors

It's that time of the year again...please consider being a Snow Angel for one of our seniors.

Let us know where you live/work and we can match you with a senior in your area - this is a great team-building exercise :-) for more information contact Volunteer Terrace at 250 638-1330

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Connecting the dots

- Muti-sectoral

- Top down, bottom up: bring neighbourhood-level needs to local government

- Equity lens: share who is and isn't involvement with local government

- 0–100: all in the community can thrive

- Local governments should engage with individuals, neighbourhood groups and service providers

- Get interested and get involved

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Connecting the dots

- Local governments should engage community partners at planning and decision-making tables

- What can your partners bring to the table? What community networks might they open the door to?

- Bring your ideas and/or projects to local governments to advocate for Age-friendly Communities funding for your municipality

- Provide updates to those whose input you sought to foster trust and community connectedness

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Questions & Discussion

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Thank you for participating.

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